

GETTING READY FOR KINDERGARTEN



The transition from home to school is an exciting milestone, and we will work together to make

Kindergarten a positive and happy experience for you and your child.

We Learn through Play

It helps your child to:

- build confidence
- develop social, language and communication skills
- learn to care for others as well as the environment
- develop physical and practical skills
- solve problems
- improve creativity and resilience

KINDERGARTEN IS...

Focusing on the whole child

- emotional and social growth
- intellectual development
- artistic development
- physical development
- developing social responsibility

Learning through play

• exploration and creativity

Expanding your child's world

- meeting new people
- working with others
- making new friends

Developing self-regulation

- managing emotions
- learning to communicate effectively
- learning to persevere

HOW TO PREPARE FOR KINDERGARTEN AND SUPPORT YOUR CHILD'S SUCCESS

- Stay positive and cheerful. Talk to your child about the exciting things they will learn.
- Establish predictable routines; meal times, story time, bedtime.
- Practice putting on and taking off shoes and packing and unpacking bags.
- Work on zippers, Velcro, laces, buttons, snaps and other fasteners on clothing and bags.
- Encourage independence in opening and closing food containers and cleaning up after themselves.
- Allow your child to become independent with bathroom routines in various settings.
- Choose a backpack that your child can easily carry, open and close.
- Choose shoes that your child can safely wear on the playground and in the gym.

Helpful Tip

Visit the school over the summer to play on the playground. This will help your child start to feel comfortable on the school grounds.





"Kindergarten: where little hands have big ideas and hearts are full of wonder." -Unknown

For more information: sd28.bc.ca 250-992-8802

