



January 2025

Dahooja,

Happy 2025! I hope that everyone had a good break and have come back to school rested. It seems that many students have grown over the break. It is so good to see their smiling faces.

We continue to work on being kind at school and keeping our hands to ourselves. The K/1/2 class has worked hard on sharing the snow outside and is helping the entire school to remember how we treat others in terms of sharing snow forts or the sled hill. We are continuing our "Hot Chocolate Challenge" until Spring Break. If you wonder what that is about, ask your child. They should be able to tell you.

We are also working on being "strategic". This means that we are focusing on students learning to make a plan, gather and keep track of their supplies and asking for help if they need it. We will be doing a Creative Challenge in the next few weeks. Stay tuned for details. In the meantime, if you have lego that you would like to lend (no guarantees that you will get "your" lego back) or cardboard that you can donate to the school, please let me know.

The Grade 6/7 class is starting soccer at lunch with Ferrari from QYSA. This is a great opportunity for our students to play soccer while it is cold outside. We are also putting in a curling team of Grade 6/7 students to play once a week at the Quesnel Curling Club. It is great to see so many community organizations invested in kid's sports.

Skiing will be happening for the Grade 4-7 students this year. We will be sending out forms and waivers in the next few weeks. The ski dates are February 27, 28 and March 5.

We haven't forgotten the Grades K-3 students. Mr. Saip and Mr. Henderson are working on some special programs for these students as well. Details to follow.

If your child is going to be away, please let us know. You can email your teacher, send a Remind message, call the school and leave a voicemail or email me at suesaip@sd28.bc.ca.

Please contact me if you have any questions or concerns.

Mrs. Saip

Please take a look at our Calendar of Events on Page 6 for important dates!



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DRESS FOR THE WEATHER!

LAYER LIKE AN EXPERT





Quesnel Youth Soccer Association Soccer Program

This 6-week program is available to grade 6/7 students at lunchtime on Thursday starting on January 9th, 2025.

This guided program is great for students to learn new soccer skills or to brush up on their current skills. It is a great opportunity to showcase the sport of soccer and encourage kids to join the soccer community in Quesnel.

We hope the 6/7 students will enjoy this program and consider joining the Quesnel Youth Soccer Association seasons. If you would like more information on their seasons and how to register please see page 3 of the newsletter or visit qysa.ca

QYSA Winter Season

10 week programs, beginning

the week of **January 6th**

PROGRAMS

1

TINY TOTS

- 2022 & 2021 PLAYERS
- INTRO TO SOCCER SKILLS
- FUN AND FLEXIBLE PACE
- 50-MINUTE SATURDAY MORNING SESSIONS
- QYSA LEAD, PARENT GUIDED

2

COMMUNITY

- 2020 - 2007 PLAYERS
- FOR ALL SKILL LEVELS AND BACKGROUNDS
- FOCUS ON CONFIDENCE BUILDING & ENJOYING SOCCER
- WEDNESDAY STATIONS & SATURDAY INTER-PROGRAM GAMES
- QYSA LEAD, PARENT VOLUNTEER GUIDED

3

STRIKERS

- 2017 - 2007 PLAYERS
- DEVELOPMENT PROGRAM FOR DEDICATED PLAYERS
- MOTIVATING GROWTH IN PERFORMANCE, EFFORT, & ATTITUDE
- WEEKDAY SESSIONS & NEIGHBOURING COMMUNITY GAMES
- DESIGNATED, BCSOCCER-TRAINED HEAD COACHES

WWW.QYSA.CA/REGISTRATION



A Free 10 Week Program to Inspire Healthier BC Families in Northern BC!

Learn together about:

- Healthy Eating
- Physical Activity
- Screen time
- Sleep Routines
- Wellness



For families with at least one child ages 8-12
(One parent/caregiver must attend each week)

Online self-directed option is available for families outside of the age range

Program includes:

- Q&A's with health professionals
- A family cooking class
- Post program recreation credit based on attendance

Virtual Via Zoom YMCA BC - Northern BC
Thursdays 6:00-8:00pm
January 23 - March 27, 2025



Scan QR Code or [Click Here](#) to Register and Learn More

January 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1	2	3	4
5	6	7	8	9 <i>QYSA Soccer Program– Lunchtime Grd 6/7s</i>	10	11
12	13 <i>Curling Forms Due Back</i>	14 <i>Curling 3-5pm at Curling Arena</i>	15	16 <i>QYSA Soccer Program– Lunchtime Grd 6/7s</i>	17	18
19	20	21 <i>Curling 3-5pm at Curling Arena</i>	22	23 <i>QYSA Soccer Program– Lunchtime Grd 6/7s</i>	24	25
26	27	28 <i>Curling 3-5pm at Curling Arena</i>	29	30 <i>QYSA Soccer Program– Lunchtime Grd 6/7s</i>	31 <i>Ski Forms Due Back</i>	