



February 2025

Dahooja,

Last year we complained that we didn't have enough snow to do anything fun outside. Well this year is proving to be the opposite, and we are taking advantage of this. We are trying to have as few inside days as possible. So please send your children dressed to be outside, including when they are riding the bus. This means coat, snow pants, hat, and mitts. The buses can be cold even with the heaters on, so having your child dressed for the weather is best. We also have warm clothes available if something gets lost or forgotten.

Speaking of taking advantage of the snow, we have been conducting the Parkland Winter Games every Friday. Each student has been put into a team and chosen a country to represent. Every Friday we have had an event, including Biathlon with snowshoes and ice cubes to throw at a target, 4% of a 50km Long Distance Snow shoe race, hockey skills and bobsled on our sled hill. We will continue to spend time outside playing in the snow, as long as the snow lasts.

We also have skiing at Troll coming up at the end of February and the 6/7 class will be participating in the Celebration of Science. Thank you to all the parents who volunteered to help with the ski dates and with your help completing the Science projects.

In March we are planning to have a **Strategic Challenge**. Each class will be designing and building something different. We are still looking for **big pieces of cardboard** for our older class. If you have some you would like to part with, please bring it to the office. Thank you!

If your child is going to be away, please let us know. You can email your teacher, send a Remind message, call the school and leave a voicemail or email me at suesaip@sd28.bc.ca.

Please contact me if you have any questions or concerns.

Mrs. Saip

Please take a look at our Calendar of Events on Page 6 for important dates!



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DRESS FOR THE WEATHER!

LAYER LIKE AN EXPERT







SUBSTANCE USE PREVENTION: MENTAL HEALTH & DECISION-MAKING

A **COMPLIMENTARY WEBINAR** FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading **adolescent Clinical Psychologist Dr. Hayley Watson** for an online event that aims to help parents, guardians and caregivers gain a **deeper understanding** of substance use prevention and learn **practical tools** for supporting youth mental health.



Key Takeaways:

-  Learn the factors that contribute to youth mental health/substance use
-  Understand the skills that youth need to overcome these needs
-  Acquire practical tools for empowering your child and youth to make positive choices
-  Increase your ability to support your own mental health

Time: 6-7:30pm PST

Date: 20th, 25th, 26th Feb 2025

REGISTER NOW

Scan the QR
Code to Register



We acknowledge the financial support of the Province of British Columbia through the Ministry of Education and Child Care



Parkland Elementary School

Dear Parents/Guardians:

We are so excited about our upcoming Troll Skiing days, which begin **Thursday February 27th** and continue on **February 28**, & **March 5**. On each of these days, we will be leaving the school by volunteer drivers at 8:30 am and returning to Parkland at **4:15 pm for parent pick-up**. If your child does not need a ride either to or from the ski hill, please let the school know that you will be meeting us at Troll.



This notice is to remind parents and students about important things to pack and wear on these days:

- Dress in layers; a warm pull-over, jacket, gloves, ski pants, toque, scarf or neck warmer, long warm socks (and an extra dry pair), and boots
- Goggles or sunglasses if you have them
- **Lots** to drink and eat (children burn lots of calories when skiing), or money for concession.
- Label your child's articles of clothing, backpacks and lunch kits (students from other schools will be there too)
- Leave all valuables safely at home (if you bring money for the concession, keep it safely in a pocket or with an adult)

Parents volunteers are greatly appreciated (please ensure that you have a criminal record check on file at the school).

Reminder to Grade 6/7's to pack requirements if you are staying for the sleepover.

Students will be expected to behave in the same positive, compliant, respectful manner that is expected at school. The consequence for adverse behavior is loss of the lift ticket and arrangement for transportation home.

Let's have fun everyone!

Entry Deadline
February
14th

Open to ages 5 to 105!

Speech Arts 2025



READER'S THEATRE

Present a play or a story, holding scripts which may be read from. Focus on conveying characters and plot through voice, facial expression, and minimal movements/gestures/costumes. No more than 12 readers.
Max time: 15 mins.

SIGHT READING (solo)

Read a selection (appropriate to your age) out loud to the audience. Selection is provided at the time of the performance. A 60-second preparation time is allowed. Not memorized!

Are you good at reading aloud? Or acting? Or writing? Memorization? Do you have a favourite story and like to be expressive with your voice? There's a place for you in Speech & Dramatic Arts!

CHORAL SPEECH

Group Choral Speaking - reciting of text by a group. Prepare two selections contrasting in mood, rhythm, or feeling. No movement, props. Emphasis on language, rhythm, volume, pace, and different voices. Limited gestures O.K.

Group Dramatic Choral Speaking - same as Group Choral (above) but with movement and minimal props. Present two selections contrasting in mood, rhythm, or feeling.

More options → → → → →

Do you love a good story, well told? Love the written word?
Like to hear good writing read aloud?

POETRY (solo)

Novice - any form of poetry (only for the first time participant)

Lyric - a short poem expressing experience, thoughts, feelings (not a story)

Narrative - tells a story and contains dialogue (can be a whole poem or a portion of a long poem)

Sonnet - a lyric poem of 14 lines (with specific rhythm scheme or pattern)

Canadian - a lyric or narrative poem by a Canadian author.

Humorous - any form of light or humorous verse

GROUP POETRY

Any type of poem (Best if some parts are spoken alone and some parts with combined voices) Duo or group up to 8.



**All works are to be memorized unless stated otherwise in descriptions.

DRAMA (solo)

The speaker is the character.

Traditional - a one-character monologue (taken from a longer published stage play written for 2 or more characters)

Shakespearean - a one-character monologue from a play by William Shakespeare



DRAMA (group)

Group Drama - a play or portion of a play, or the dramatization of a story, 2 - 6 actors.
Max: 15 mins

Group Shakespearean - a scene for 2-6 characters from any play by Will Shakespeare, presented as if part of the whole play.
Max: 15 mins

make people laugh

PERFORM

USE YOUR VOICE

with a friend or on your own

hold people's attention

bring the drama

Check out the Quesnel Speech & Dramatic Arts Festival April 14-16, 2025. Or maybe join in as a performer! Look at all these opportunities!

PROSE (solo)

The speaker is the narrator. Focus is on the voice. From a novel or short story, a selection that includes narration, description and dialogue, edited to fit time preferences and also for flow. Presented in story-telling style with minimum gestures. No acting.



STORY (solo)

Story Reading - read a story aloud (using the book). It should be well learned but not memorized. Story should have some dialogue. No acting, but good vocalization is encouraged
Max: 5 mins.

Story Telling - in your own words, tell a story! Can be original or taken from a book. Make it sound spontaneous. Add detail or change the story if you wish. May use simple props and costumes. Max: 5 mins.

CREATIVE WRITING

Original Poetry - an original age-appropriate poem on any topic.
Max: 5 mins.

Original Prose Fiction - original age-appropriate prose on any subject.
Max: 5 mins.

Original Prose Non-Fiction - original age-appropriate prose on any subject.
Max: 5 mins

NON-COMPETITIVE CLASSES

Mime - a silent scene that includes character and situation, driven by physical communication. Chairs may be used, but no other props. (Provide a brief, typed plot outline.)

Group Mime - as above but including up to six participants.

Public Speaking - original prepared speech on any topic. Memorization not required.

Improvisation - Choose your form: acting, storytelling or public speaking. The adjudicator will suggest a topic or idea. Invent and perform it.
Preparation time: 1 min.

Team up with a brother, sister, friend, or parent!

The Quesnel Speech and Dramatic Arts Festival event is part of the **Quesnel Festival of the Performing Arts**.

Speech Contact: [www.quesnel2507470320](tel:2507470320)

For ages 5 to 105.

All material must be suitable for a mixed audience of all ages.

All entries receive adjudication.

Non-competitive classes do not qualify for awards.

Speech Arts Competition :

Venue: Quesnel TBA

April 14 -16, 2025

On performance day bring the published book that contains each poem/text you selected (or proof of permission with a digital copy) to the performance venue. Please provide 2 typed copies if using original, unpublished work.

Registration* : qfpa.speech@gmail.com

1. Entry form (see syllabus) and
2. Photocopy of selected texts** (or typed copy of any edited or original works) scan/email entry form and texts to OR drop off at Quesnel Arts & Rec Center.
3. Fee payment: e-transfer to qfpa_treasurer@outlook.com OR cheque to PO Box 4374 Quesnel V2J 3J4, marked "Speech Arts / (name)"

**If entering a whole class/group be sure to include names- class list.

Due by or before **February 14, 2025**.

*See the website www.qfpa.org OR ask your school for digital copy of syllabus.

Quesnel Speech & Dramatic Arts 2025

CREATE

explore meaning

Enter the 2025 Speech and Dramatic Arts Festival

Ask at the office for entry forms or print syllabus from website: qfpa.org.

Show your stuff in the 2025
Quesnel Speech and Dramatic Arts Festival

by entering one or more of these as a performer:

Poetry

Drama – traditional or Shakespeare

Prose

Creative Writing

Storytelling or Story Reading

Reader's Theatre

Sight Reading

Choral Speech

Mime

Public Speaking

Improvisation (acting, storytelling, or public speaking)

Register by: February 14th 2025

Syllabus (rules, entry forms, info) on website: **qfpa.org**

Speech Arts Contact: Dora Stobbe

qfpa.speech@gmail.com or phone 250 747 0313

Festival Dates: April 14 - 16 (Mon to Wed)

**Venue(s): Quesnel Schools and
Quesnel Library Programme Room**

For ages 5 to 105.

Entry Forms

Different
types :

- ① Solo Entry
- ② Group/Duo Entries
- ③ Group Choral Speaking

Festival Entry Deadline: February 14, 2025

Speech Arts: April 14-16, 2025

- Please use the 2025 Entry Forms ONLY.
- All entry forms must be completed in full, and MUST include full contact information, including phone number(s) and email addresses, name and number of class being entered, names/authors of poems/other works being performed, price per class and total fee calculated.
- Complete a separate entry form for SOLO vs. GROUP entries within the discipline. All entry forms may be photocopied, as needed.
- With registration form(s), please include a TYPED copy of every poem/written work being performed. If the performers are a group, please attach a class list or a list of all participants, including first and last names
- Speech Arts entries / payments will be submitted by e-transfer to the treasurer qfpa_treasurer@outlook.com including first/last name of performer OR see note below.*
- Please make all payments by February 14, 2024.
- Please deliver all entry forms, typed copies of selected texts, (and class lists, if a school group), to the Quesnel Arts and Recreation Centre front desk, clearly marked **SPEECH ARTS Registration**.

*If you are unable to pay online or prefer to pay by bank draft check (labelled with performer or school name and "Speech Arts"), you can mail payment to:

QFPA Registrar
Box 4374
Quesnel B.C V2J 3J4

LABEL BANK DRAFT with School name + "SPEECH ARTS"

Entries may also be dropped off or picked up by arrangement with the Speech and Dramatic Arts Chairperson: Dora Stobbe ~ 250-747-0313 qfpa.speech@gmail.com

Please complete the applicable QFPA FORM(S):

-SOLO Entry Form

-GROUP Drama, Shakespearean Drama, Readers' Theatre, Poetry, Mime Entry Form

-GROUP CHORAL SPEAKING &/or GROUP DRAMATIC CHORAL SPEAKING Entry Form

PLEASE don't forget to submit copies of the text(s) you will be using. This allows the adjudicator to prepare for the festival!

QFPA SPEECH & DRAMATIC ARTS ~ SOLO ENTRY FORM ~ 2025

Participant Name: _____ Age (as of Dec. 31, 2024) _____

School (if applicable i.e. if the school is registering the solo performer – an uncommon practice). _____

Teacher / Parent Name: _____ & Phone Number _____

Email Contact: _____

1. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act ____ Scene ____ Character _____

2. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act ____ Scene ____ Character _____

3. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act ____ Scene ____ Character _____

(If entering more solo classes please use another copy of this entry form for additional selections)

Please circle any other disciplines entered: Voice Piano Dance Band

Processing Fee: \$10/family/school/organization/group. Solo entries require a administrative fee, even if those individuals are also performing in school groups. This fee covers all individual or group entries submitted by one family (or school/organization/group). Our of town performers must submit the same administrative fee. Please pay administrative fee ONCE only for all your family SOLO entries.

Fees: Processing Fee (\$10) _____ + Total class fees _____ = _____

The undersigned has read all rules as contained in the official syllabus & agrees to comply with all conditions governing this entry.

Participant/Teacher/Parent signature (must be over 19 years) _____

Out of town participant (Defined as outside the SD28 catchment: Quesnel, Wells, Nazko)

This is an entry form only. Please refer to the 2025 syllabus for all explanations, rules, dates, and expectations so that you can have the best and most informed experience!

2

QFPA SPEECH & DRAMATIC ARTS ~ ENTRY FORM ~ 2025
GROUP/DUO Drama, Shakespearean Drama, Readers'Theatre, Poetry, Mime

Group Name: _____ & # of participants _____

School (if applicable-these classes are for groups of 13 students or less)

Teacher / Parent Name: _____ & Phone Number _____

Email Contact: _____

Age/Grade (as of December 31, 2023) _____ (highest age/grade of oldest group member)

1. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act _____ Scene _____ Character _____

2. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act _____ Scene _____ Character _____

3. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act _____ Scene _____ Character _____

(If entering more group classes please use another copy of this entry form for additional selections)

Please circle any other disciplines entered: Voice Piano Dance Band

Processing Fee: A \$10 Administrative Fee is required for every family/school/organization entering groups in the Quesnel Festival. This fee entitles an unlimited number of GROUP/DUO Speech Arts Entries, as well as GROUP choral entries submitted by one family (or school/organization/group). Our of town performers must submit the same administrative fee.

Fees: Administration (\$10) _____ + Total class fees _____ = _____

The undersigned has read all rules as contained in the official syllabus & agrees to comply with all conditions governing this entry.

Participant/Teacher/Parent signature (must be over 19 years) _____

Out of town participant (Residing outside the SD28 catchment: Quesnel, Wells, Nazko)

QFPA SPEECH & DRAMATIC ARTS ~ ENTRY FORM ~ 2025
GROUP CHORAL SPEAKING &/OR GROUP DRAMATIC CHORAL SPEAKING

Group Name: _____ & # of participants _____

IMPORTANT: List names of all group members on additional page (provided). Submit with entry form.

Teacher / Parent Name: _____ & Phone Number _____

School _____ Email Contact: _____

Age/Grade (as of December 31, 2023 _____) (highest age/grade of oldest group member)

1. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act ____ Scene ____ Character _____

2. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act ____ Scene ____ Character _____

3. Class # _____ Class Name _____ Fee _____

Selection/Play Title _____

Author _____ If applicable: Act ____ Scene ____ Character _____

(If entering **more** Group Choral/Group Dramatic Choral Speaking classes, please use a second entry form)

Please circle any other disciplines entered: Voice Piano Dance Band

Processing Fee: A \$10 Administrative Fee is required for every family/school/organization entering groups in the Quesnel Festival. This fee entitles an unlimited number of GROUP/DUO Speech Arts Entries, as well as GROUP choral entries submitted by one family (or school/organization/group). Out of town performers must submit the same administrative fee.

Fees: Administration (\$10) _____ + Total class fees _____ = _____

The undersigned has read all rules as contained in the official syllabus & agrees to comply with all conditions governing this entry.

Participant/Teacher/Parent signature (must be over 19 years) _____

Out of town participant (Defined as outside the SD28 catchment: Quesnel, Wells, Nazko)

See page 2 - Group Choral Speaking

February 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Grade 6/7 Curling 3-5pm	5	6 Grade 6/7 Soccer— lunchtime	7 <i>Non Instructional Day (No School)</i>	8
9	10	11 Grade 6/7 Curling 3-5pm B-Ball at ERBL 3pm Chocolate Forms Due	12	13 Grade 6/7 Soccer @ Lunch B-Ball at Voyageur 3pm	14 <i>Valentines Day!</i> <i>Hot Lunch Forms Home</i> 	15
16	17 <i>BC Family Day (No School)</i>	18 Grade 6/7 Curling 3-5pm	19 <i>Dress Like a Teacher Day!</i>	20	21	22
23	24 <i>Hot lunch forms due!</i>	25 <i>B-Ball at Riverview 3pm</i>	26 <i>Pink Shirt Day!</i>	27 Troll Ski Hill Grades 4-7 Gr 6/7 Sleepo- ver@ Troll	28 Troll Ski Hill Grades 4-7	